

MindCare Veda Senior Management Training Program

Corporate Training Programme

Performance Coaching and Mentoring

3rd Eye Knowledge **Foundation** has identified behavioral health as a logical extension to its management consulting business and under the guidance and leadership of **Dr Raja Roy Choudhury**, has launched a MindCare Health in Mumbai, India. The Behavioral Health Services Division provides personalized counseling & psychotherapeutic care services, flower remedy to treat those suffering from psychosomatic disorders and professional certification and career level training programmes in counseling & psychotherapy.

What we do?

- MindCare Health works with companies and communities to raise their game in the business world.
- We help organizations raise their ability to respond to customers and markets and help them adapt an outcome driven approach to conquer the market.
- Sharpen their ability to execute plans both from within and outside.
- Show them how to leverage innovation, collaboration and social media for superior results.

Our Approach is to P.R.O.V.E

- **Prioritize** – List and prioritize issues and challenges
- **Reality** - Set realistic goals based on what's worked, what hasn't, what can be done, what's priority
- **Options** - Explore and prioritize options that are relevant
- **Velocity** – Build velocity based on early wins
- **Enlist** - Support based on successes and enable organization wide adoption of initiatives

In this two day workshop , **MindCare Behavioral Health Services** will focus upon performance coaching and mentoring for various types of people and organizations.

Why performance coaching?

Any and every organization strives to be efficient, be positive, be ahead of the competition and be idolized. The pivotal ingredient that makes all this possible is team work. Members of any organization should be given plausible roles and responsibilities and should be goaded to work as a single unit.

What makes all of this possible?

Communication!

Leaders should coach their teams on communication and very often leaders lack this coaching skill. The coaching skills workshop focuses and enables team involvement, empowerment and quality control.

Objectives

The objectives of the workshop are to instill in the participants the following:

- The Eight-step coaching model - Maximizing team performance by utilizing an effective coaching tool.
- Encourage team members to think out of the box and contribute more towards the organization.
- Conduct developmental, motivational and non-performance related coaching sessions regularly
- Instill in people the power of flexibility and adaptability
- Resolve differences within team members
- Attain better results while being less controlling
 - Plan and undertake future coaching sessions

- Resolving stress-related issues at the work place

Target Audience

Senior and middle management personnel of leading corporate organizations both in the public and private sector

Number of Participants

25

Programme Schedule

Day One

Registration	9 – 9:30 AM
Session 1	9:30 – 11:30 AM
Tea Break	11:30 – 11:45 AM
Session 2	11:45 AM – 1 PM
Lunch	1 – 2 PM
Session 3	2 – 3:30 PM
Tea Break	3:30 – 3:45 PM
Session 4	3:45 – 5:30 PM
Feedback/Questions Session	5:30 – 6 PM

Day Two

Session 1	9:30 – 11:30 AM
Tea Break	11:30 – 11:45 AM
Session 2	11:45 AM – 1 PM
Lunch	1 – 2 PM
Session 3	2 – 3:30 PM
Tea Break	3:30 – 3:45 PM
Session 4	3:45 – 5:30 PM
Feedback/Questions Session	5:30 – 6 PM

Lead International faculty

Dr. Raja Roy Choudhury

Bsc (Eco.), MA (Psy), MS (C&P), MBA, MPhil (Psy), PhD (Psy), PhD (Technology Management), PhD (Organizational Ethics), MD (A.M.), Phd (A.M.), PGDPC, PGDIC, PGDSC, PGDCC, CME Online Programmes from Harvard Medical School & Yale University School of Medicine in Behavioral Health & other well known medical institutions totaling to 74 credit points as per AMA PRA Category I standards.

34 +years of relevant experience and proven credentials in business and technology consulting and performance management, executive coaching and mentoring holding multiple doctorates in organizational ethics, technology management, business psychology and behavioral health.

Diverse experiences of consulting across several industry verticals as well as impact areas. Managed large engagements that involve multiple practices and technology verticals across India, Australia, South pacific, Africa & South Asia.

20 years of experience in building and leading practices and business units and proven experience in performance management & executive coaching & mentoring - Key verticals include IT, Office Automation, Telecom, Retail, Manufacturing, Energy & Utilities, Banking & Insurance, Automotive, Education & Healthcare & Behavioral Health.

Key clientele include Nokia, Vodafone, K Raheja Corp., Aditya Birla Retail, Sherwin Williams Paints, Abbott Labs, Bombay Dyeing, Post Fiji, Holcim Techport, WHO, and host of UNDP projects overseas.

Visiting Professor in leading B schools in India and abroad.

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